

What is the PoongLyuYak (풍류약, 風流藥, PoongLyu medicine)?

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ABSTRACT

PoongLyuYak exists everywhere. If you read the poem and get inspired, it becomes poem *Yak* (詩藥, poem medicine). If you look at the picture and fall in love with it, it becomes picture *Yak*. When you feel refreshed by travelling, it becomes travel *Yak*. Music, dance, movie, nature, etc. are very nice examples. Even a leisurely life of driving, eating out, and drinking coffee is good *PoongLyuYak* for the body. Whether you're alone or in a group, if you can enjoy it, it's good medicine. According to the logic of the windy and flowing world, anything that can transform one's emotions, whether happy, sad, or trivial, can be a *PoongLyuYak*. This *PoongLyuYak* may be more effective than oral medications, inhalants, ointments, or injections. Rather than simply watching, listening, or imitating others, the effect is enormous when participating directly and performing and creative activities. The pleasure of seeing *Heung-min Son* playing soccer is also a *PoongLyuYak*, but it can be more enjoyable and the medicinal effect is much greater if you enjoy soccer yourself. Here are some examples of *PoongLyu* medicines the authors took with the joy of creation.

Keywords *PoongLyuYak* (풍류약, 風流藥, PoongLyu medicine)

Examples of *PoongLyu* pharmaceutical creations involving authors.

1. <https://youtu.be/I5N242sFt7Q>
2. <https://youtu.be/hYN9vG0278o>
3. <https://youtu.be/AZ8876CmWiQ>
4. <https://youtu.be/QHIciJTYY0w>
5. <https://youtu.be/SkdGdTFbV4Q>
6. <https://youtu.be/g9Fc76z0XBc>
7. <https://youtu.be/xaxYz8oQV5c>
8. https://youtu.be/_eIABDv7HI8
9. <https://youtu.be/jkz3w2e0HtE>
10. <https://youtu.be/wNMyM6Y73GE>
11. <https://youtu.be/TjrozPGYAyA>
12. <https://youtu.be/KM-pljQOwAE>
13. <https://youtu.be/YRGEyLfH30k>
14. https://youtu.be/ASD_WSXPgVo
15. <https://youtu.be/8lzKjgNuJKs>
16. <https://youtu.be/X1IUc960tTI>
17. https://youtu.be/XJUJg1Azv_A
18. <https://youtu.be/CCadwC5PrTI>
19. <https://youtu.be/EJmZ9q0txV8>
20. <https://youtu.be/AGaaVuz11z4>
21. <https://youtu.be/p7XOfYrD940>
22. https://youtu.be/SSenbSwI_5c
23. <https://youtu.be/yKMOeVLkJW0>
24. <https://youtu.be/QxbrzSzA46E>
25. <https://youtu.be/RSEoL6UE6eA>
26. <https://youtu.be/QBvzWX238k0>
27. <https://youtu.be/AZ8876CmWiQ>

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YouTube; K-culture pangpangtongtong tv

(https://youtu.be/SSenbSwI_5c)

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